

# 2023 FSRACA NATIONAL CONFERENCE

9-11 AUGUST 2023  
CENTREPIECE AT  
MELBOURNE PARK, VICTORIA

OUR TEAMS  
KICKING GOALS

## **Manual Handling**

### **Anne Hardy (VIC)**

Anne has retired after 34 years in Perioperative Services including 24 years as a Sterilising Manager.

Anne joined SRACA after taking on the role of Sterilising Manager and was able to serve on the Victorian SRACA Committee as President and Vice President and committee member in addition Anne also served as President on the FSRACA committee. Anne was privileged to attend many Sterilising Conferences in both the National and International arena over the years.

One of the main achievements of the FSRACA organisation was the highlighting of the Manual Handling issues experienced by our Sterilising teams and the development of strategies to reduce and eliminate risks to teams in the Perioperative Setting.

Whilst the rostered work hours in departments are usually 8 hours per day a manual handling injury could have repercussions of reduced function over an extended period.

During this presentation Anne will explore the processes implemented for Safe Operating Procedures and the required documentation that demonstrates the implementation of these procedures at all times.

Ongoing education is essential to maintain a safe operating environment and all staff need to be engaged at all times.

